# Source Monitoring Deficits in Individuals With Higher Positive Schizotypy **Trait Presentation**

### **Background & Hypotheses**

- Schizotypy is a set of traits associated with greater risk for psychosis like schizophrenia (Park et al., 2022).
- They tend to be mild, often go unnoticed, cause little concern, and are not treated (e.g. magical thinking, mild disturbances in cognition).
- Occurs in 10% of the healthy, general population (Kwapil & Barrantes-Vidal, 2015).
- Symptoms of psychotic disorders can threaten source monitoring (SM) capacity, or the ability to decipher the source of information. SM can be internal (self/imagined stimuli) or external (dialogue, outwardly consumed stimuli).
- The present study investigated the correlation between high positive schizotypy trait presentation and SM deficit.

#### **Our Hypotheses:**

- Higher positive schizotypy is correlated with poorer SM performance regardless of the SM task (internal vs. external or external vs. external).
- 2. Higher positive schizotypy traits is more significantly correlated with poorer performance on internal vs. external SM tasks (i.e., reality monitoring) than on external vs. external SM tasks.
- Higher positive schizotypy is correlated with higher vividness ratings for internally generated stimuli than externally generated stimuli.
- Greater SM errors will result in higher incorrect vividness ratings in individuals with higher positive schizotypy trait scores.

### Methods

• Undergraduate participants in introductory psychology classes at the University of Alabama (N=345) were asked to partake in online SM tasks recalling the sources of various video stimuli.

Study Phase

**Test Phase** 





"Cookie"

Imagine ourself saying "Fish".

Do you remember hearing Shannon saying this word earlier? "Sandwich"

- After the test phase of the study, participants took a schizotypy questionnaire titled the O-LIFE<sup>2&3</sup>, specifically the sections of the questionnaire that quantify positive schizotypy: Unusual Experiences ("Have you felt as though your head or limbs were somehow not your own?") and Cognitive Organization ("Are you easily confused if too much happens at the same time?").
- Lastly, participants answered 2 questions gauging their anxiety and depression levels to ensure that anxiety and depression were not the driving factor of cognitive deficit. Each participant also took a 36-question vocabulary test to account for potential confounds in verbal acuity.

#### Analysis:

- All participants who specified that they have ever had a psychotic episode and/or have taken antipsychotic medication in the past year were removed from the sample.
- Any participant scoring less than chance (< 0 on a -1 to 1 scale) on overall SM accuracy were removed for analysis purposes to account for misunderstanding or mindlessly clicking through the online tasks.
- Correlation analyses were run via SPSS.



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### clusions & Discussion

#### Hypothesis 1

itive schizotypy and SM were correlated, but in the opposite direction hypothesized.

LIFE scores (higher schizotypy) elicited higher/better overall SM uracy.

#### Hypothesis 2

cicipants had a more difficult time on internal SM tasks but not nificantly. External SM was also correlated in the opposite direction vhat was hypothesized, in that higher O-LIFE scores indicated better ernal SM accuracy.

#### Hypothesis 3

icipants with elevated positive schizotypy levels had higher dness ratings for internally generated stimuli than externally erated stimuli but not to a statistically significant extent.

#### Hypothesis 4

he case of incorrect vividness ratings, the results show no indication individuals with higher positive schizotypy and lower SM task cacy present higher incorrect vividness ratings.

h anxiety and depression were significantly correlated with higher itive schizotypy, but inversely. Higher O-LIFE scores indicated lower iety and depression on average as compared to lower O-LIFE scores. xiety and depression ratings also had little to no effect on overall SM uracy.

re were no significant findings concerning schizotypy, SM, and the nographic information provided by participants.

ny of these findings that do not align with previous literature may be icative of the lower reliability associated with online tasks. It must be nowledged that the tasks presented were quite time consuming and uired significant brain power; such tasks probably would have been e successful in an in-person laboratory setting under researcher ervision.

ditionally, the sample for this study came from a higher-education itution, perhaps indicating that even the individuals that legitimately red high in schizotypy could be considered high-functioning. Those high schizotypy and significant SM deficits may not have the ability to succeed in the typical undergraduate setting.

hough these findings do not fully support the hypotheses, this

earch is imperative to better understand the etiology of psychotic

orders, especially having to do with the vividness of memory.

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For more information & references



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