

# Psychology Newsletter

Spring 2022

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Univ. of Alabama  
Psychology Department



## Cheers to another wonderful year!

Sincerely,  
PGSA

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PUBLISHING & PERSONAL  
ACHIEVEMENTS

PSYCHOLOGY AWARDS

PSYCHOLOGY EVENTS

#### RESOURCES

A list of resources for anyone and  
everyone seeking assistance

PS. The AMAZING Mentoring & Awards Committee created a Kudos newsletter this year that covers many of our department's ongoing accomplishments. This newsletter hopes to build upon their work with pictures and overarching progress!

PPS. These details are not exhaustive and represent only what was submitted/collected at the time of newsletter creation

# A Big Thank you!

We will miss Dr. Jim Hamilton and Dr. Bev Roskos as they embark on their post-retirement journeys!

The service, ingenuity, and scholarship you have given to our department, the field of psychology, and the world at large is immeasurable.



## Next Steps!

Graduating and internship-bound students moving onward and upward!

- Rebecca Bauer - Hampton Sydney College
- Chris Breeden
- Sarah Dunlap
- Amber Ingram- Mercer University
- Micayla Lacey - Wilkes University
- Cassie Whitt -Western Kentucky University
- Chris Wendel - Ohio State University - Behavioral Health
- Emily Behrens - Dayton VA Medical Center
- Kyrsten Hill - VA St. Louis Health Care System
- Danielle McDuffie - Durham VA Medical Center
- Virginia Lamoureux - Arizona State Hospital
- Haley Potts - Vanderbilt University Medical Center (VUMC-IPP)
- Blair Batky - New York University - Bellevue Hospital Center
- Grace Lee Simmons - University of North Carolina SOM
- Breanna Dede - University of North Carolina SOM
- Meagan Heilman - The Huntsman Mental Health Institute (HMH)
- Nicole Greenberg - UAB-BVAMC Clinical Psych Internship Consortium
- Savannah King - UAB-BVAMC Clinical Psych Internship Consortium

## Signed, Sealed, Submitted!

Completed theses and dissertations

Blair Batky (dissertation)  
Sarah Letang (dissertation)  
Giana Angotti (thesis)  
Liz MacNeil (thesis)  
Toni Rebaldo (thesis)

WHO DID WE MISS?  
Share your success with others!

## Accomplishment Spotlight

"My biggest accomplishment this year is that I got a first author manuscript accepted into the journal of career development! I am super proud of the manuscript because it came out of a project in which I partnered with the chamber of commerce and two school districts." - Stephanie Masters



# Student Awards

Danielle McDuffie won two highly competitive poster awards with her project, "*Manifestations of Racial Trauma in Bereaved Middle to Older Aged Black Adults.*" Danielle's work earned her the Emerging Scholar and Professional Organization Poster Award and the Minority Issues in Gerontology Advisory Panel Student Poster Award!



Barbara-Shae Jackson, a Southern Regional Education Board (SREB) scholar, received Psychology Outstanding Thesis Award!  
*Project: The Color Line: The Influence of Race on Aesthetic Experience and its Inferred Connection to Implicit Racial Bias*

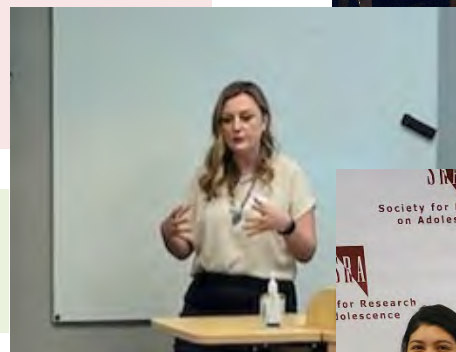
Dr. Soohyun Park received the 2021 Psychology Outstanding Dissertation Award!  
*Project: Gene by Environment Interactions on Late-life Cognitive Functioning: Integrative Roles of Polygenic Score, Early Life Trauma, and Psychological Resilience*



Cassie Whitt received the College of Arts & Sciences' College-level award and the University of Alabama overall award for Outstanding Teaching as a Doctoral Student!

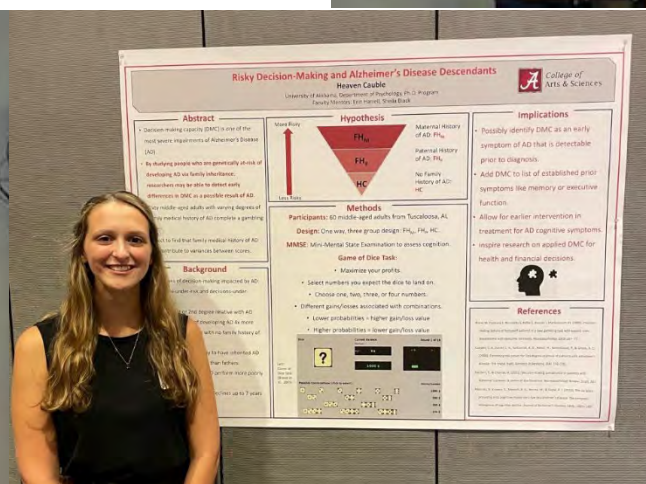


Julia Loup received the College of Arts & Sciences' College-level award and the University of Alabama University overall award for Outstanding Research by a Masters Student!



## Conference Presentations

Students doing big things!





# Faculty Awards & Grant News

The department received the Strategic Collegiate Partnerships Grant to partner with HBCUs.

Dr. Rebecca Allen will be part of an APA Monitor article on palliative care in May.

Dr. Sharlene Newman was recently elected as a national fellow of the American Association for the Advancement of Science.

Dr. Susan White received the prestigious Society for a Science of Clinical Psychology (SSCP) Distinguished Scientist Award AND was elected president of the Society for a Science of Clinical Psychology.

Dr. Erin Harrell received a \$158,000 grant (with her UAB collaborator) for a project titled "*Lay Coach-led Early Palliative Care for Underserved Advanced Cancer Caregivers*" funded by NIH/NCI.

Dr. Jenni Cox was awarded the 2022 President's Faculty Research Award.

Dr. Rebecca Allen has a HRSA BWET grant with Social Work under review AND was recently featured on the podcast episode 'More Than A Feeling' (part of the Ten Percent Happier podcast hosted by Saleem Reshamwala).



## TidBits that aren't so tiny!

Brandon McCormick received \$12,000 in funding for his dissertation on TBI under the mentorship of Dr. Andrea Glenn.

Brandon's dog (Oslo) got his Canine Good Citizen Certification and earned the novice, intermediate, and advanced trick titles from the AKC! 😊

Kyrsten Hill, Stephanie Masters, and Grace-Lee Simmons all got married! Planning a wedding during grad school is no joke.

Heaven Cauble turned 21 and celebrated with her cohort!



## Research & Conference Publications\*

- Allen, R. S., Jacobs, L., Costlow, K., Reel, C. D., & Rybarczyk, B. D. (2021, November). Disruption to substance and opioid use disorder: The deep south substance and opioid use rural training grant. Symposium presented at the Gerontological Society of America (GSA) Annual Scientific Meeting, Phoenix, AZ.
- Batky, B.D., Mendez, B., Bellamy, A., & Salekin, R.T. (2022, March). Risk and protective factors for externalizing problems among individuals high in psychopathy. Paper presented at the American Psychology-Law Society Annual Conference, Denver, CO.
- Bauer, R. H. & Gilpin, A. T., (2022). Imaginative Children in the Classroom: Mixed-Methods Examining Teacher Reported Behaviors with Play Observations and Child Assessments, Early Education and Development.
- Bauer, R. H., Gilpin A. T., Held, L., Thibodeau-Nielsen, R., Palermo, F., White, R. E. Bennett, C.\*, Dunne, S.\*, & Dwyer, H.\* Creativity in play: Examining the role of fantasy orientation and self-regulation in naturalistic play ratings of creativity. Poster presented at: SRCD 2022 Special Topic Meeting: Learning Through Play and Imagination: 2022 April 1-2; St. Louis, MO.
- Bauer, R. H., Gilpin A. T., Thibodeau-Nielsen, R., Bleyer, A.\*, Bachmann, C.\* & Owens, H.\* Creativity in early childhood: How do fantasy orientation and self-regulation predict creativity in a story-stem task?. Poster presented at: SRCD 2022 Special Topic Meeting: Learning Through Play and Imagination: 2022 April 1-2; St. Louis, MO.
- Bauer, R. H., Gilpin, A. T., & Thibodeau-Nielsen, R. B. (2022). Executive Functions and Imaginative Play: Exploring Relations with Prosocial Behaviors using Structural Equation Modeling. Trends in Neuroscience and Education, DOI: 10.1016/j.tine.2021.100165
- Behrens, E., Costlow, K., Smith, D., DeCaro, J., Cox, B., & Parmelee, P. A. (2021, November). The moderating role of depression on momentary pain-affect associations in osteoarthritis. Poster presented at the Gerontological Society of America (GSA) Annual Scientific Meeting, Phoenix, AZ.
- Bellamy, N. A., & Salekin, R. T. (2022, August). Proposed Specifiers for Conduct Disorder (PSCD): Factor structure and psychometric properties. Poster to be presented at the 129th Annual American Psychological Association Convention. Minneapolis, MI.
- Bellamy, N. A., Salekin, R. T., & De Los Reyes, A. (2022, March). Proposed Specifiers for Conduct Disorder–Parent Version (PSCD-P): Reactions to unfamiliar peers. Paper presented at the Annual American Psychology-Law Society Conference. Denver, CO.
- Black, S. R., Cauble, H., Harrell, E., Jackson, B.-S., Choi, J., Evans, T., McDonough, I. M., & Allen, R. (2022). The effects of Type 2 diabetes and depression on the cognitive functioning of African American older adults. *Frontiers in Human Neuroscience*, 17. (accepted)
- Bontemps, A. P., Batky, B. D., Houser, R. A., & Salekin, R. T. (2022). Psychopathic traits, conduct problems, and the examination of self-referential processing using EEG in incarcerated adolescents. *Journal of Psychopathology and Behavioral Assessment*. <https://doi.org/10.1007/s10862-021-09945-5>

- Bontemps, A. P., Batky, B. D., Mendez, B., & Salekin, R. T. (2022). Psychopathy and conduct disorder: Do we need additional specifiers for adequate representation? In J. E. Vitale (Eds.), *Dangerous Behavior in Clinical and Forensic Psychology: Complexity of Psychopathy* (vol.). New York, NY: Springer.
- Colins, O. F., Bisback, A., Reculé, C., Batky, B. D., López-Romero, L., Hare, R. D., & Salekin, R. T. (Accepted). The Proposed Specifiers for Conduct Disorder (PSCD): Factor structure and validation of the self-report version in a forensic sample of Belgian youth. *Assessment*.
- Costlow, K., Behrens, E., Smith, D., DeCaro, J., Cox, B., & Parmelee, P. A. (2021, November). Keep your hopes up: An examination of racial differences in the association between hope and pain. Poster presented at the Gerontological Society of America (GSA) Annual Scientific Meeting, Phoenix, AZ.
- Cundiff, J. M., Faulk, R. D., Williams, A.C., & Wendel, C.J. (2022). Are individual differences in socioeconomic position associated with social subordination in daily life? Poster presented at the 78<sup>th</sup> Annual Meeting of the American Psychosomatic Society, Long Beach, CA.
- Cundiff, J. M., Lin, S., Faulk, R. D., & McDonough, I.M. (2022). Testing the unique effect of educational quality on BMI and central adiposity in adulthood and hypothesized mediators. Poster presented at the 78th Annual Meeting of the American Psychosomatic Society, Long Beach, CA.
- Lambert, J.T., Hart, W., & Kinrade, C. (in press). Testing a perceived uncommitted mating strategy account for atheist distrust and marriage disapproval. *Current Psychology*.
- Lamoureux, V., Glenn, A.L., Raine, A., Ling, S., Ang, R., Fung, D. (in press). The role of anxiety and callous-unemotional traits in the relationship between externalizing behaviors and sleep problems in clinic-referred youth. *Clinical Child Psychology and Psychiatry*.
- Loup, J. R, Smith, K., Snow, A.L & Hilgeman, M. M. (April 2022) Illustrating Resource Needs through Data Visualization: Creation of Life-Space Maps for Rural Veterans with Dementia and their Care Partners. *Journal of Applied Gerontology* (Under review)
- McCormick, B. F. (2022). The influence of deviant peer association on the relationship between mild traumatic brain injury and criminal behavior. *American Psychology and Law Society*. Denver, CO.
- McCormick, B. F., & Glenn, A. L. (under review) Youth with Low Pre-Injury Mental Health Symptoms are at a Higher Risk for Symptoms following Mild Traumatic Brain Injury. *Child Psychiatry and Human Development*.
- McCormick, B. F., & Lamoureux, V. A. (2022). Psychopathology as a mediator between mild traumatic brain injury and criminal behavior. *American Psychology and Law Society*. Denver, CO.
- Mendez, B. T., Batky, B. D., Bellamy, N. A., & Salekin, R. T. (2022, May). Psychopathic traits and functions of cyber-aggression. Poster to be presented at the 9th Meeting of the Society for the Scientific Study Psychopathy. (Zoom).
- Parmelee, P. A., Behrens, E., Hill, K. C., Cox, B., DeCaro, J., Keefe, F., Smith, D. (2021). Momentary associations of osteoarthritis pain and affect: Depression as moderator. *The Journals of Gerontology: Series B*, gbab221. <https://doi.org/10.1093/geronb/gbab221>
- Rommel, R.J., Glenn, A.L., Harrison, A.P. (in press). Relationship between psychopathic traits and performance on the Mini Social Cognition and Emotional Assessment in incarcerated males. *British Journal of Clinical Psychology*.

Ribeiro da Silva, D., Sousa, R., Rijo, D., Mendez, B., Tsang, S., & Salekin, R. T. (2021). Proposed Specifiers for Conduct Disorder (PSCD): Factor structure and validation of the self-report version in community and forensic samples of Portuguese youth. *Assessment*, <https://doi.org/10731911211044534>.

Witte, T. H., Allen, R. S., Bui, C., Reel, C., Hill, K. C., & Jones, D. (2022, April). Trauma exposure and mental health symptoms in individuals receiving treatment for substance use disorders. Symposium presented at The University of Alabama System Behavioral Health Conference, Tuscaloosa, AL.

Yang, J., McDonald, K. L., & Seo, S. (2022, March). Attributions about peer victimization in US and Korean adolescents and associations with internalizing problems. Paper presented at the biennial conference of the Society for Research on Adolescence, New Orleans, LA

Yang, J., McDonald, K. L., & Seo, S. (accepted). Attributions about peer victimization in US and Korean adolescents and associations with internalizing problems. *Journal of Youth and Adolescence*.

\* Due to the limited amount of responses for this newsletter, there are likely many more publications that are not listed here!

Keep scrolling!



# Mental Health Resources

As PGSA, we wanted to take a moment to recognize the persistently unprecedented times we've been living in and the weight that places on us all. While graduate school has its own challenges, there have been many local, national, and global events recently that affect individuals we work with, our friends, our families, and certainly ourselves. During difficult times, which seem to be the norm right now, we know messages of self-care only go so far. Nevertheless, it is truly an important time to take care of yourself, whatever that may mean for you. We've attached a list of mental healthcare resources shared with graduate students in the past. This list was put together a few years ago for students and remains up to date (see attached list to newsletter).

As always, you are all doing amazing work and please reach out to those around you if you need it.

## PICTURES

**From this year's psychology events, students, & faculty.**

PGSA Field Day



# Incoming PGSA Reps!

President: Jacob Miranda

Clinical Vice President: Kaleigh Nance

Experimental Vice President: Hillary Erwin

Treasurer: Charlotte Kinrade

DEI Rep: Steve Hakim

GSA Senator: Hannah Apostolou

Child Rep: Allison Birnschein

Gero Rep: Tim Ly

Law Rep: Cassandra Jensen

Health Rep: Emily Ewing

Social Rep: Joshua Baker

Developmental Rep: Danny Mack

Cognitive Rep: Barbara-Shae Jackson







Psychology Picnic









Match Day!



Game Day and More fun!





# Mental Health Resources

*\*Given the number of options, please do not view this list as an endorsement of each individual practice or provider, but rather a detailed resource for your use*

## **Tuscaloosa Service Providers**

### **Ben F McMath III, Ph.D.**

902 Main Ave  
Northport, AL 35476  
(205) 310-4497

#### **Services Provided:**

Expertise is primarily with anxiety and mood spectrum challenges. Approach is integrative, using elements of client-centered, psychodynamic, and cognitive-behavioral therapies (CBT). Dr. McMath states "I believe in building genuine relationships in psychotherapy, and the relationship between the therapist and client/patient has been shown to be the most important part of the treatment."

\*UA graduate, former Counseling Center employee

### **Mona Ochoa-Horshok**

812 5th Avenue  
Tuscaloosa, Alabama 35401  
(205) 588-6178

#### **Services Provided:**

30 years of experience. Relationship problems, panic and/or anxiety, depression or other mood disorders, low self-esteem, eating disorders, sexual identity issues, chronic pain or spiritual or existential questions, or self-improvement. Experience working with adolescents, with both perpetrators and victims of domestic violence, and with adult survivors of childhood sexual abuse. I use a number of therapeutic approaches, depending on the client's needs, but cognitive behavioral therapy is a common thread throughout.

#### **Payment Information:**

Cost per Session: \$90

Pay By: American Express, Cash, Check, Mastercard, Visa

### **Lifeline Creative Solutions for Living**

420 28th Avenue, Suite 200  
Tuscaloosa, AL 35401  
205.737.3720

#### **Services provided:**

Offers counseling, consulting, and connecting with counselors and social workers. Tara has been recommended



# Mental Health Resources

**Barry Snider, LCSW**

5690 Watermelon Rd, Ste. 300  
Northport, AL 35473  
(205) 310-1392

**FAMILY COUNSELING CENTER**

2020 Paul W. Bryant Drive  
Tuscaloosa, AL 35401  
205-752-2504

**Services:**

Fifteen professionals who offer a range of group intervention services, plus 4 counselors who offer individual treatment for anxiety, emotional conflict, depression, stress management, grief, goal setting, and anger.

**Payment Information:**

Accepts most insurance

**Teresa Taylor, LPC**

720 Energy Center Boulevard, Suite 502  
Northport, AL 35473  
205-523-2151

**Teresa Davis**

5690 Watermelon Rd  
Northport, AL 35473  
[\(205\) 391-9777](tel:(205)391-9777)

**April Lane, LPC**

307 Main Ave  
Northport, AL 35476  
[\(205\) 248-0124](tel:(205)248-0124)

# Mental Health Resources

## **Miranda Armstrong, PhD.**

2617 7th St  
Tuscaloosa, AL 35401

[\(205\) 758-1439](tel:(205)758-1439)

## **Stress Management Tuscaloosa**

1107 23<sup>rd</sup> Avenue  
Tuscaloosa, AL 35401  
<https://stressmanagementtuscaloosa.com>

### **Services Provided:**

Effective methods for anxiety, mindfulness, depression recovery, trauma recovery, substance abuse, couples therapy. Dr. Matt Heatherly focuses on pastoral counseling.

## **Betty Shirley Clinic**

850 Peter Bryce Blvd.  
Tuscaloosa, AL 35401  
(205) 348-1770

### **Services Provided:**

Those with mental health needs are cared for at The Betty Shirley Clinic by psychiatrists, psychologists and social workers. Our providers work with patients to provide them with a biopsychosocial understanding of their conditions.

\*Caroline Boxmeyer

### **Payment Information:**

Accepts insurance

## **Psychiatry South**

### **Birmingham Location:**

3000 Southlake Park, Suite 100  
Birmingham, AL 35244  
(205) 987-0724  
<http://psychiatricsouth.com/>

### **Tuscaloosa Location:**

825 Rice Mine Road North  
Tuscaloosa, AL 35406  
(205) 764-9844

### **Services Provided:**

Many psychiatrists, counselors, and social workers. Psychopharmacology, psychotherapy, family counseling, marital counseling, substance abuse treatment, group therapy,



# Mental Health Resources

treatment for: mood disorders, anxiety disorders, substance use disorders, eating disorders, cognitive disorders, psychotic disorders, sexual disorders, personality disorders

**Payment Information:**

Psychiatry South accepts most major insurances including Blue Cross and Blue Shield of Alabama plans including Expanded Psychiatric Services (EPS) and Blue Choice.

# Graduate Student Mental Health Resources

## **Birmingham area Service Providers**

### **Bair, Peacock, McDonald and McMullan, P.C.**

400 Vestavia Parkway, Suite 101  
Birmingham, AL 35216  
(205) 822-7348  
<https://www.bpmmb.com>

#### **Services Provided:**

Multiple psychologists in practice. Psychological assessment services and individual, couples, and family therapy for most adult psychological issues including mood and anxiety disorders, adult ADHD, anger problems, addiction recovery, grief and end of life issues, chronic pain, sexual and gender identity issues, thought disorder and psychosis, and personality disorders. Stress management and assertiveness training are also offered.

#### **Payment Information:**

BPMB participates with many insurance carriers and will bill all insurance companies as a courtesy to patients. Insurance coverage varies and will need to be confirmed with your insurance company prior to services. Copays and deductibles are due at the time of service. \$175 for initial assessment; continuing sessions \$90-\$215.

### **Cahaba Psychology Center**

2 Riverchase Office Plaza, Suite 115  
Birmingham, Alabama 35244-2810  
(205) 403-0955  
<http://www.cahabapsychology.com/index.htm>

#### **Services Provided:**

Several psychologists available, offering a variety of specialties.

#### **Payment Information:**

Cahaba Psychology center participates with many insurance carriers and will bill all insurance companies as a courtesy to patients. Insurance coverage varies and will need to be confirmed with your insurance company prior to services. Copays and deductibles are due at the time of service.

# Graduate Student Mental Health Resources

## **Grayson & Associates**

Offices in Homewood, Park Plaza, Meadowbrook, Riverchase, Trussville, and Montgomery  
Birmingham Area Intake: 205-868-6702

<http://graysonmentalhealth.com/index.html>

### **Services Provided:**

Grayson & Associates has over 50 clinicians, including psychiatrists, psychologists, counselors, and nurses. It is the largest private practice providing mental health services to children, adolescents, and adults in Alabama. Outpatient services are provided in six locations in the Birmingham area and include individual, couples, and group psychotherapy, neuropsychological assessment, and parent education.

### **Payment Information:**

Payment is required at the time of service. Methods of payment accepted are Mastercard, Visa, checks, or cash. Most providers accept insurance.

## **Pitts & Associates**

601 Beacon Parkway West, Suite 101

Birmingham, AL 35209

(205) 870-3520

<https://drbertpitts.com>

### **Services Provided:**

Pitts & Associates has 4 psychologists, 6 counselors, and 1 psychiatrist offering a range of services.

### **Payment Information:**

Clinician fees range from \$145-250 for the initial visit. Accepts most insurances, including Medicare.

## **Fry Behavioral Health, P.C.**

6 Office Park Circle, Suite 318,

Birmingham, AL 35223, USA

(205) 803-3800

<http://www.drrachelfry.com/home.html>

### **Services Provided:**

Individual, couples, and family therapy. Dr. Rachel Fry specializes in treatment of depression, anxiety, weight loss and management, women's issues, couple's issues, self-esteem and confidence-building, life adjustment, and boundary-setting.

### **Payment Information:**

Insurance: Blue Cross Blue Shield



# Graduate Student Mental Health Resources

Fees: \$160 for initial session; \$140 for continuing sessions

## **Chebon Porter, PhD**

4126 Autumn Lane  
Cahaba Heights 35243  
(205) 218-8991

**Services Provided:** Individual therapy for men

**Payment Information:** Payment required up front. A billing statement will be provided to the client for reimbursement purposes. Provider for Blue Cross Blue Shield of Alabama.

## **Caroline Nichols, LCSW**

(205) 515-7784  
counselorcaroline@gmail.com

**Services Provided:** Individual, couples, and family therapy. Areas of expertise include eating disorders, chemical addiction, co-dependency, trauma, and relationship issues.

**Payment Information:** Payment required up front. \$95 per session. A billing statement will be provided to the client for reimbursement purposes. Out-of-network provider for Blue Cross Blue Shield of Alabama.

## **Mollie Kelly Thomas, PhD, LLC**

1903 Oxmoor Rd  
Birmingham, AL 35209  
(205) 877-3558

### **Services Provided:**

Individual, marital, family, and group therapy. Dr. Thomas' areas of expertise include assessment and treatment of addiction, trauma, impulsivity, personality disorders, and mood disorders.

### **Payment Information:**

Insurance: American Behavioral, Blue Cross Blue Shield, Federal Blue Cross/Blue Shield, Value Options

Fees: \$175 for initial session and \$145 for continuing sessions (sliding scale available)

## **Pam & Steve Moore – The Moore Institute**

4126 Autumn Lane  
Birmingham, AL 35243  
(205).967.3277

**Services Provided:** Addiction counseling, relationship therapy, alternative addiction treatment, individual counseling

# Graduate Student Mental Health Resources

**The Doleys Clinic, Pain and Rehabilitation Center**

2270 Valleydale Road, Suite 100

Birmingham, AL 35244

(205) 982-3596

<http://www.doleysclinic.com/>

**Services Provided:**

Jeffrey Dolce, PhD-Specializes in individual therapy for pain, weight-related issues, eating disorders, chronic/terminal illnesses, health & wellness, stress & anxiety disorders, smoking cessation

**Payment Information:**

The Doleys Clinic participates with many insurance payors and will bill all insurance companies as a courtesy to patients. Insurance coverage varies and will need to be confirmed with your insurance company prior to services. The Doleys Clinic accepts self-pay patients on a fee-for-service basis. Copays and deductibles are due at the time of service.