-001: Adolescence (Dr. Kristina McDonald)

- Tuesdays & Thursdays, 9:30 AM - 10:45 AM

Adolescence is a time of change, often conceptualized as a period of rebellion, instability, and emotional turmoil. This course will evaluate the validity of this conceptualization. We will focus on theory and research related to biological, cognitive, and social development during adolescence, within the contexts of family, schools, peer groups, communities, and socio-cultural contexts. We will explore these topics through various lenses, using both recent empirical research and contemporary film and literature.

-003: TBD

- Tuesdays & Thursdays, 11:00 AM - 12:15 PM

- Awaiting description

-004: Bringing Art to Life (Dr. Daniel Potts)

- Tuesdays, 5:00 PM - 7:00 PM

- The primary purposes of this course are to honor and validate persons who are living with dementia through the expressive arts and story sharing, to gain an empathic understanding of the lived experience of dementia, and to build meaningful relationships with persons living with dementia. The course has a mandatory art therapy component from 10 to 11:30 am on Fridays at Caring Days (The Mail and Charlotte Moore Center), 943 31 St. E, Tuscaloosa, AL 35405.

-005: TBD

- Mondays & Wednesdays, 11:00 AM - 12:15 PM

- Awaiting description

-006: TBD

- Mondays & Wednesdays, 2:00 PM - 3:15 PM

- Awaiting description
PY 491: Senior Seminars

-001: Mental Health Issues & The Law (Dr. Karen Salekin)
  ● Wednesdays, 9:00 AM - 11:30 AM
  ● The purpose of this course is to introduce students to the topics relevant to the interplay between mental health issues and the criminal justice system. The course will focus on issues related to criminal justice, but will also cover two topics that are outside of this realm: (1) civil commitment and (2) physician assisted suicide. Psychologists who work within the legal system can assume a number of roles that include, but are not limited to, social scientists, consultants, and expert witnesses. The information in this class pertains mostly to clinical forensic psychology, but other topics are included. Information provided via lecture and reading will provide the student with a broad understanding of the interplay between mental health issues and the legal system, as well as an understanding of the evolving nature of laws that result from this interplay.

-002: TBD
  ● Tuesdays & Thursdays, 9:30 AM - 10:45 AM
  ● Awaiting description

-003: Child Psychopathology (Dr. Robert Lyman)
  ● Tuesdays & Thursdays, 12:30 PM - 1:45 PM
  ● This course is designed to provide an introduction to the study of psychological problems experienced during childhood and adolescence. We will focus on the conceptualization, cause, diagnosis, and treatment of a variety of disorders.

-004: Cognition of Exercise (Dr. Allison Scrivner)
  ● Mondays, 3:00 PM - 5:30 PM
  ● This course provides an overview of cognitive benefits as well as the barriers to physical activity. Topics include the bias within female bodybuilding and sports, the cognitive benefits of exercise for the elderly, racial dynamics in sports, and the impact of physical activity on the mental health of young and college-age students

-005: Psychology of Adulthood & Aging (Dr. Sheila Black)
  ● Wednesdays, 5:00 PM - 7:30 PM
  ● This course will focus on adult development from an interdisciplinary perspective and will cover issues such as caregiving, age-related changes in cognitive processes, and institutionalization. Because this class is a seminar, there will be considerable class discussion of major issues related to adult development. Because this course has a “W” designation, students must demonstrate proficiency in writing in order to receive a passing grade in this course.
-006: Aggression (Dr. Kristina McDonald)

- Tuesdays & Thursdays, 2:00 PM - 3:15 PM
- This course covers the etiology of aggressive and antisocial behaviors in humans, including an examination of the impact of personality characteristics, cognitions, and contexts on aggressive behaviors. The goals of this course include the discussion of the major theories and research evidence indicating the biological, emotional, cognitive, and social factors contributing to the etiology of aggressive behaviors.

-007: Neurodevelopmental Disabilities (Dr. Fran Conners)

- Mondays, 2:00 PM - 4:30 PM
- A basic overview of causes, characteristics, and challenges of neurodevelopmental disabilities such as Down syndrome, fragile X syndrome, autism, and others

-008: 5 Lenses: Explorations in Behavior from Multiple Perspectives (Dr. Lynn Snow)

- Wednesdays, 5:00 PM - 7:30 PM
- A photographer needs multiple lenses to skillfully convey her vision of reality to her audience. Similarly, for a wise and productive life, everyone, regardless of specialization, needs skillfulness in applying multiple lenses, or perspectives, to their major endeavors. In this class we will use readings, dialogue, direct experience, and project applications to examine the boundaries and interconnections of five perspectives and how to flexibly move among the five lenses in one's professional and whole life endeavors. This class will include regular experiential exercises in applications of mindfulness and critical thinking techniques. 5 Lenses: BEAMS
  - Business
  - Ethics/religion/spirituality
  - Arts
  - Meta-discipline (i.e., Philosophy*)
  - Science