ANDREW BONTEMPS VIRGINIA LAMOUREUX JACOB MIRANDA HALEY POTTS CASSIE WHITT LISA BECK HEATHER GUNN

UNIVERSITY OF ALABAMA PSYCHOLOGY

PRIDE

JUNE 2021

What is Pride (Month)? /LGBTQIA+ History

LGBTQIA+ people in psychology

Celebrate Pride in Birmingham and Tuscaloosa!

Local LGBTQIA+ owned/friendly restaurants/businesses

Media
- Poems
- Music
- TV/Movies
- Books
- Podcasts
- Documentaries
- Video Games

Facts About LGBTQIA+ Folks and Debunking Myths

Match the Pride Flag with the Identity!

1

2

3

4

5

6

7

8

9

10

Answer Bank:

Gay
Lesbian
Bisexual
Pansexual
Asexual
Transgender
Genderqueer
Genderfluid
Non-Binary
Intersex

Check the answers on the last page to see how you did!

What is Pride (Month)?

- 1951 - CA supreme court rules that gay people have a right to assemble leading to proliferation of gay bars in San Francisco and, to a lesser extent, across the US
- 1966 - In NY, regulations criminalizing solicitation of homosexual relationships were repealed and LGBTQ+ patrons could be served alcohol (however, engaging in homosexual behavior in public was still illegal)
- 1966-1969 - In New York, harrassment of gay bars continued due to illegality of homosexual behavior and because gay bars often had difficulty obtaining liquor licenses
- June 28, 1969 - Police raided the Stonewall Inn, a gay bar in the Greenwich Village neighborhood around 1:30 AM. Patrons of the Stonewall Inn fought back against the police and protests continued in the area for almost a full week.
- These demonstrations were bolstered in large part by trans POC women like Marsha "Pay It No Mind" Johnson and Sylvia Rivera and while they may not have "thrown the first brick at Stonewall" they played a huge role in pushing for LGBTIA+ rights.
- June 28, 1970 - Thousands marched from the Stonewall Inn to Central Park in an event called the "Christopher Street Liberation Day" (the Stonewall Inn was located on Christopher Street) and marked the first ever Gay Pride Parade
- 1999 - Bill Clinton became the first U.S. President to recognize June as "Gay & Lesbian Pride Month". Pride month was also officially recognized in 2000 by Clinton as well as from 2009-2016 under Barack Obama and most recently in 2021 by President Joe Biden. There is some question as to whether it was recognized by President Trump in 2019 who recognized Pride Month in a tweet rather than in official proclamation (because of course he did; also it was the only year that he acknowledged it throughout his presidency).
- LGBTQ+ Pride Month is celebrated each year to honor the anniversary of the Stonewall Uprising and to demonstrate for equal rights for LGBTQ+ people
- Pride month is currently celebrated across the U.S. in the form of parades, picnics, movie screenings, and other events to celebrate the achievements of LGBTQ+ individuals and to continue to press for further rights and acceptance. Some folks also use Pride Month as a time to look back on and remember the lives of those lost during the HIV/AIDS crisis.

Celebrate Birmingham Pride starting this week!

Wednesday June 9th
9 p.m. to 12 a.m.
Pride Bowling at Bolero

Friday June 11th & Saturday June 12th
from 9 pm to 12 a.m.
Drag show at Al's on 7th

Saturday June 12th
12 PM - 7 PM
Pride Fest 2021 in Avondale entertainment district

Sunday June 13th,
doors open at 11AM
show starts at 12:30PM
Sharon's Drag Brunch at Bar Sebastian

Tuesday, June 15th
6 p.m. to 10 p.m.
Pride Skate Night at Skates 280

Thursday June 17th
doors open at 6:15 p.m.
Central Alabama Pride Presents: Pride Idol at Stardome

Mark Your Calendar for Tuscaloosa Pride!

Sunday October 21, 2021
Druid City Pride Fest

A GAY POEM

By Keith Jarrett

click here to watch this poem recited by Keith Jarrett

They asked me if I had a gay poem
So I said “Straight up, no!
“My words don’t deviate between straight lines
My poems don’t mince their words
Or bend
Or make queer little observations”

They asked me if I had a gay poem
So I answered honestly
That, no, I didn’t have any gay poetry
And even if, unthinkably, I did
What would it say about me?

I mean, even presenting the question
Puts me in a precarious position
And how would I even begin to broach the subject
With my own creation?

Like... “Excuse me, poem, are you gay?
Have you grown up contrarily to what I wanted you to say?
I most certainly didn’t write you that way
Was it something I said, something I did that turned you?
Maybe I should have peppered your verses
With sport, girls and beer
Maybe as your author I deserted you...
Or did another writer turn you queer?”

Ok, let’s say, hypothetically, that this poem is gay
Maybe it’s just a confused poem that needs straightening out
Maybe I could insert verses from Leviticus
Speak over it in tongues
Douse it in holy water
Recite it the Qu’ran
Give it a beat, beat, beat
Boom box blasting out in the street
Rip up chi chi poem inna shred”

They asked me if I had a gay poem
And I answered “No”
But the truth is I didn’t know
Until one of my very own poems stepped up
And tapped me on the shoulder
It said, “Look here Dad/Author
I’m now that much bolder
And I’m not confused
And not alternative
And even though the words I choose to marry with
Make me different
It don’t make me any less eloquent

“I don’t need to be overly elegant
So maybe that’s why I stepped under your gaydar
But why are you so afraid to embrace it?
Face it! It’s just another part of me
You can’t erase it

“The more you try to label me with your twisted synonyms
The more you say you hate the sinner
And despise the sin
The more you try to clip my words
And stifle my expression
The more I know it’s you, not me,
Whose morality should be called into question”

They asked me to read out a poem
They said, “Choose one of your strongest
One of your best
Choose a poem that don’t stand for any foolishness”
And they asked me if I had a gay poem...
So I said
Yes.

Local LGBTQIA+ owned/friendly restaurants/businesses

Check out these local LGBTQIA+ - focused organizations

Druid City Pride
Non-profit serving and advocating for LGBTQ+ members of the West Alabama community and their allies.

PFLAG Tuscaloosa
Organization for LGBTQ+ people, their parents and families, and allies.

Magic City Acceptance Center
Non-profit providing space for LGBTQ children, youth, and adults

Invisible Histories Project
A repository for the preservation of the history of LGBTQ life first in the state of Alabama and then the entire Southeas

The Bevy
A social network for queer women, trans & non-binary folks

LGBT+ nightlife

Icon (Tuscaloosa)
The Quest Club (Birmingham)
Al's on 7th (Birmingham)
Electra (Birmingham;
explicitly LGBT+ friendly but not explicitly an LGBT+ bar)

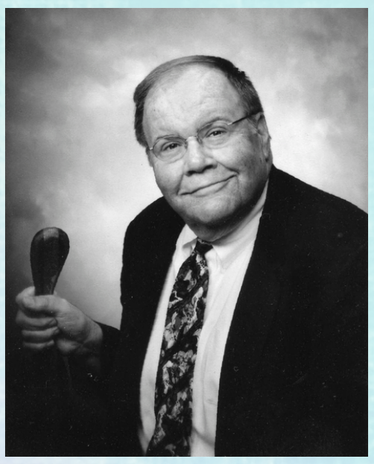
Tuscaloosa's LGBTQIA+ - owned and LGBTQIA+ - friendly businesses:

Avenue Pub
Belle Meadow Farm
Bloom Flower Truck
Bossi Boutique
Bread and Buds By Daddy
Central Mesa
Confetti Interiors
Heat Pizza Bar
Hot Diggity Dog Camp
Hotel Indigo
Icon
Broadway Pizzeria South
Oz Music
Session
Sweet Home Food Bar
Tavern 1831
The Wine Market
Theatre Tuscaloosa
Wheelhouse

Plus, a few LGBTQIA+ - owned and/or - operated businesses in Birmingham:

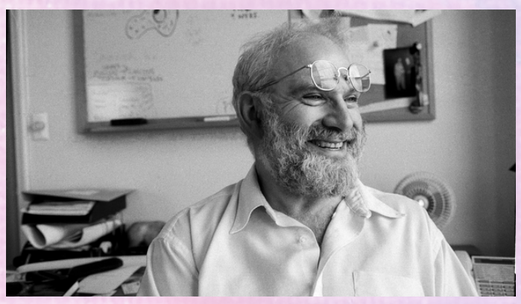
Burdock Book Collective
Sidewalk Film Center + Cinema
Shoppe Birmingham
General Birmingham
Last Call Baking Co.

LGBTQIA+ people in psychology



John E. Fryer (Dr. H. Anonymous)
1937-2003
Became famous in 1972 for giving an anonymous speech (wore a mask to protect his career) at the APA annual conference. Became the first gay American psychiatrist to talk about his sexuality. The speech centered on gay psychiatrists being forced to hide their sexuality to protect their career, and marked a turning point in the removal of homosexuality from the DSM in 1973. Fryer only acknowledged his role of Dr. H. Anonymous in 1994 at the APA conference.

Lisa Diamond
1972ish - Present
Well known researcher at the University of Utah. Her research focuses on sexual identity and sexual orientation as well as the development of human bonds.
Click here to watch her 2018 TEDx Talk



Oliver Sacks
1933-2015
British neurologist widely known for his best-selling case study books
The Man Who Mistook His Wife for a Hat / Awakenings / Musicophilia

Jeanne Marrazzo
Director of Infectious diseases at UAB. She studies infectious disease, especially HIV/AIDS and other STIs and has been instrumental in helping shape UAB's policy during the COVID-19 pandemic.
Click here to read her 2020 interview with TIME Magazine

What does Pride mean to me?

by Heather Gunn

I have two moms. This came about during my sophomore year of high school and I kept it hidden from my friend group. Years later I can name what I felt, which was shame. I remember seeing the first rainbow flag on the family car. I hoped people wouldn't notice. My brother, who was younger, just went ahead and ripped it off. For a while after high school, I would tell select friends with bated breath. I wish that I could say my immediate response was different. It wasn't even that I was morally opposed, it was just that nobody else I knew had two moms. I didn't even know a single (out) LGBTQ+ person. I was so afraid of being rejected.

My moms at their "union" before gay marriage was legal

This changed quickly after high school. I remember the time a new friend said something about inviting my moms to an event. She said it so casually, "your moms." It began to chip away at my shame. It was more than simply okay to have a 'nontraditional' family, it was welcome. Around this time is when I began to have feelings of pride.

To me, pride is the antidote to shame. It is the antidote to tolerance. This was the thing at the time. Tolerance. Pride takes a sledgehammer to the secrets, the "don't ask, don't tells," and the "fine do what you want, just don't be in my face" messaging. Pride allowed me to fully embrace my family.

LGBTQIA FACTS & MYTHS DEBUNKED

- More than 30% of LGBTQ+ Americans reported facing some discrimination in 2019 (more than 60% Trans americans)
- About half of the discrimination occurs in “public spaces” with about ⅓ occuring in the workplace
- Around 20% of LGBTQ+ identified people report discrimination has a significant impact on their psychological well-being and a combined 50% report a moderate or significant impact on psychological well-being
- 54% of LGBTQ+ people reported hiding a personal relationship to avoid discrimination
- Around ¼ of transgender respondents reported doctors being visibly uncomfortable due to actual or perceived sexual orientation and having to teach a doctor about LGBTQ+ people in order to get appropriate care
- 94% of LGBTQ+ youth reported that recent politics negatively impacted their mental health
- 42% of LGBTQ+ youth seriously considered suicide over the last year including more than half of transgender and nonbinary youth
- 48% of LGBTQ+ youth reported they wanted counseling from a mental health professional but were unable to receive it over the past year
- Transgender and nonbinary youth who reported having their pronouns respected by all of the people they lived with attempted suicide at half the rate of those who did not have their pronouns respected by anyone with whom they lived
- LGBTQ+ youth who had access to spaces that affirmed their sexual orientation and gender identity reported lower rates of suicide

MYTHS

- *Bisexuality isn’t real, it’s just a phase before someone decides to be gay or straight*

While bisexual people may have committed relationships with people of the same or opposite gender, they are still bisexual. Bisexuality is about being attracted to people of your gender or of some other gender, and that attraction doesn't go away when a person enters a committed relationship.

- *‘Coming out’ is similar for all queer people*

There are as many coming out experiences as there are queer people.

- *Coming out only happens once*

Queer people often have the experience of 'coming out' every time they meet a new person or group of people with which they would like to be open about their sexuality and/or gender identity.

- *Same-sex couples adhere to binary gender roles*

In same sex relationships, one person is not the 'man' and the other person is not the 'woman' in the relationship. Individuals in same sex relationships express their gender a variety of ways and do not engage in traditional binary relationship dynamics.

- *Being transgender means having surgery*

Many transgender people do not undergo (or have any desire to undergo) any surgical or other procedures for the purpose of confirming their gender.

- *All gay men are feminine, and all lesbians are masculine*

Gay men and lesbians express themselves and their gender in a variety of ways.

- *All non-binary/genderqueer people identify with some “third gender” and all have the same experience/relationship with gender*

People who identify outside of the gender binary are not all the same "third" gender, but instead each have a unique, and often dynamic relationship with gender.

PREVALENCE RATES

<u>by generation</u>

7.3% of Millennials
3.2% Gen X
2.4% Boomers

<u>by geography</u>

Low of 2.0% adults in South Dakota

High of 8.6% of adults in Washington DC

MEDIA

Check out the “Sexuality: It’s Complex” board on the first floor of GP (old clinic) for info from PY 491 student projects!

TV

The L Word
Killing Eve
Sense8
Orange is the New Black
Pose

Movies

The Color Purple
Portrait of a Lady on Fire
Moonlight
Holding the Man
Love, Simon

They Both Die in The End

Call Me By Your Name

Heartstopper Series

Heather has two mommies (children’s book)

Lil Nas X (Montero)
Hozier (Take me to Church)
Big Thief (Shark Smile)
Girl in Red (Girls)
The Neighbourhood (Sweater Weather)
Fluids (Michael Medrano) (big bisexual energy)

The Last of Us
Dream Daddy
Witcher 3
Dragon Age
Mass Effect
Fire Emblem - Three Houses

Match the Flag Activity Answers:

1. Gay
2. Genderqueer
3. Nonbinary
4. Transgender
5. Pansexual
6. Asexual
7. Lesbian
8. Intersex
9. Bisexual
10. Genderfluid

Making Gay History

It’s Been A Minute has frequent LGBTQ+ guests the host, Sam Sanders, is gay

Gayish